

BRISTOL ADULT RESOURCE CENTER, INC.  
2010 ANNUAL REPORT  
*Advocating Personal Growth and Community Inclusion for All We Serve*

“Together we are Better”

Dear Friends of Bristol Adult Resource Center:

On behalf of the officers, directors and staff of the Bristol ARC, we are pleased to present our 2010 Annual Report in which we strive to include all of the wonderful work we do here. 2010 was a year of continued growth for our agency.

It was the first ever Community Outreach Campaign for us. We were successful in raising more than 35% of our goal which enabled us to replace the heating system at our Lake Avenue location (just in time for winter!) and install a new agency sign at our central location. It taught us the importance of community support from foundations, our families, Board members, staff members and friends in Bristol.

This year we were pleased to receive a three-year accreditation from CARF. We were found to be 98% in compliance with close to 800 standards being reviewed. This is an acknowledgement to the standard of performance at Bristol ARC. A copy of our CARF accreditation survey results is available for your review, upon request, at our main office on Jerome Avenue

Our roof at the main office was repaired by the funds received from Bristol Development Authority. Happy to say – we remained “leak free” during the winter.

We will continue this year with building teamwork and cooperation among our staff, working together to achieve our mission.

Thank you for your continued support and we look forward to another productive year with the people we serve.

Sincerely,

Francine M. Pangaro, Ph.D.

#### WHO WE ARE....

The Bristol Adult Resource Center, Inc. is a private, non-profit, United Way organization. It is made up of parents, educators, professionals in the field and volunteers who are dedicated to providing services and improving the quality of life for people with disabilities in the greater Bristol area. Bristol ARC has been nationally accredited by CARF for more than 20 years.

#### VOCATIONAL PROGRAMS AND SERVICES....

Our **Supported Employment** Program locates and secures jobs in the community at competitive wages. Some of our clients' employers include Bristol Hospital, Stop & Shop, Wal\*Mart, Komenetsky Estates, Sheriden Woods Health Care Center and three Price Chopper stores located in Bristol, Southington and Newington. We have a job developer to assist with securing community employment placements for our clients.

Our **Day Support Options Program** located at Lake Avenue is proud to provide participants with educational, social, leisure and recreational activities together with community involvement.

The **Candy Program** produces a large assortment of lollipops, filled candies, jams and relishes. These items are sold at Bristol ARC and at area shops. We also take orders for favors for those “special” occasions such as weddings, showers and other special events.

The Candy Program also produces Sugar Free pops and candies.

Our **Work Activity Program** provides training in vocational and daily living skills. Areas of training include clerical work, janitorial, laundry and light bench work. A new activity for the workers in this program is producing dog treats that are sold at Bristol ARC, Farmington Bank and at area shops.

**Horticulture/The Growing Center** workers are responsible for propagating, transplanting, watering, and maintaining a wide selection of plants. They also plant and maintain the flower and vegetable gardens at the Jerome Avenue location. This program is also selling their products at area shops and the local Farmers Market in the summer and fall. The Growing Center is open Monday through Friday from 9:30 am – 3:30 pm year round and Saturdays for Christmas, Easter and spring.

Our **Food Service** workers are trained in food preparation, dishwashing, bussing, hostessing, and waiting on tables in our restaurant “The Dining Room,” which serves lunches to the public Monday through Friday from 11:30 am – 2:00 pm and also does take out orders. Our workers are also trained in money skills, housekeeping and recycling.

The home base for the Bristol Adult Resource Center **Yard Service Program** is St. Paul High School. During nine months of the year the “crew” works at mowing, spring and fall cleanup for both residential and commercial customers. During the winter season the “crew” works indoors at our St. Paul location producing various sewn items including quilts used for Bristol ARC raffles.

**Residential Services** include several models of community-based living in the Bristol area. We have residents living in both community and supported living arrangements. Residents are assisted by staff with decision making concerning their vocational and personal lives.

**Advocacy Program.** An advocate is an adult volunteer who is matched with a person with developmental disabilities. These relationships provide support, guidance and socialization to individuals who may often be socially isolated.

**Recreation/Respite Program** offers Bingo three times a month along with arts and crafts that are offered on a regular basis throughout the year. Some of our recreation programs are in collaboration with the Family Center and The Imagination Museum and are funded by the United Way and private donations.

**Volunteer Services** recruits individuals in the community to assist in our retail businesses, day programs and respite/recreation. During the year groups of volunteers take on large projects particularly during the United Way Day of Caring and Team ESPN’s Volunteer Day. Most of these large projects are cost prohibitive to the agency and would not get done without the assistance of volunteers.

Our products continue to be sold at “Ladies Night” held at Nuchie’s Restaurant in Bristol the 1<sup>st</sup> Tuesday of each month.

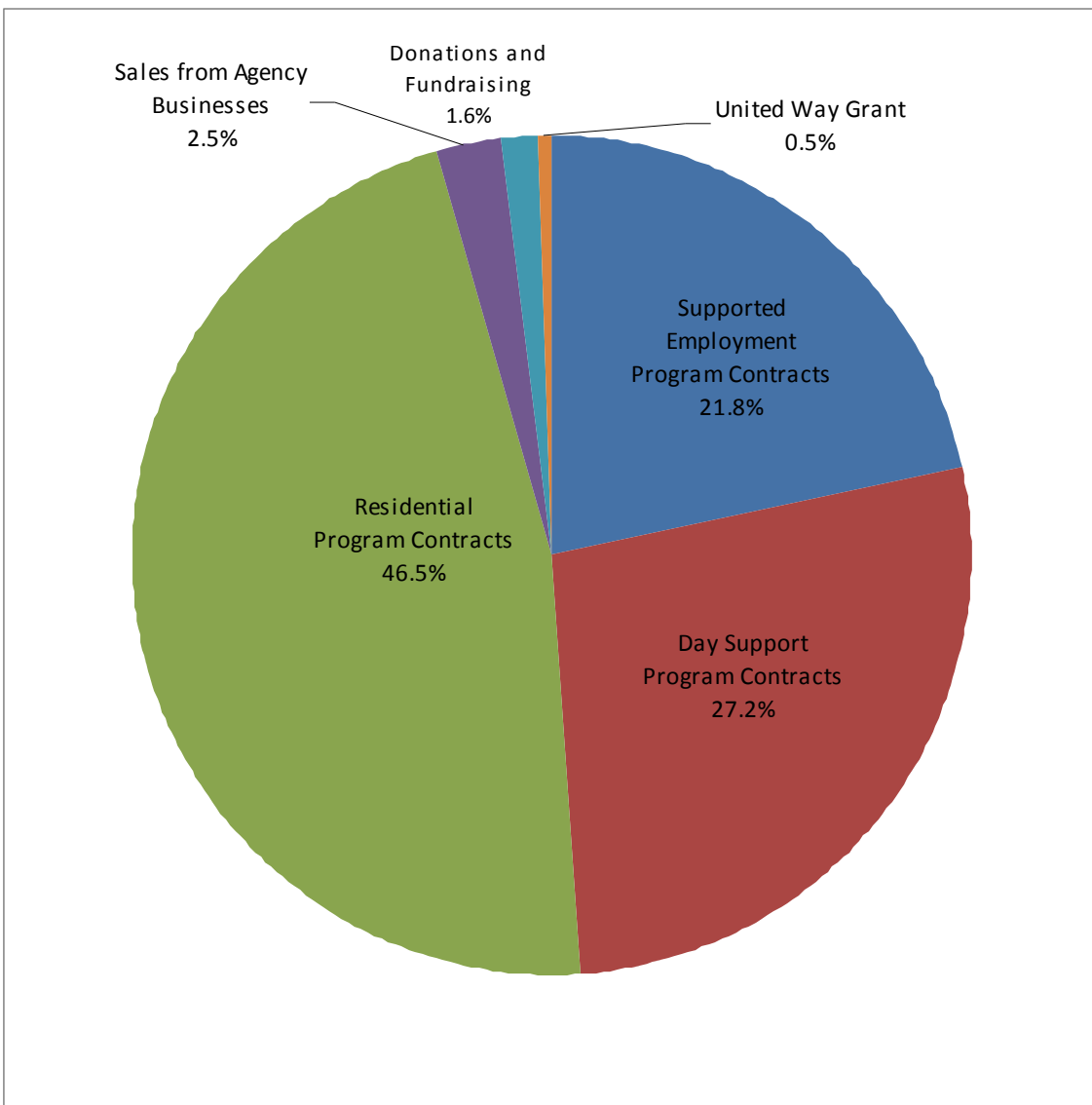
## BOARD OF DIRECTORS 2010

PRESIDENT	William J. Veits
FIRST VICE PRESIDENT	Edmund Diorio
SECOND VICE PRESIDENT	Christopher T. Elliot
TRESURER	Dee Valerio-Matyka
SECRETARY	Cathy A. Savino
DIRECTORS:	Lawrence Santilli
	Judith Pease-Salley
	Bruce Ward
	Kevin Dellabianca
	Geri McMahon
	Donna Papazian
	Kim Tracy



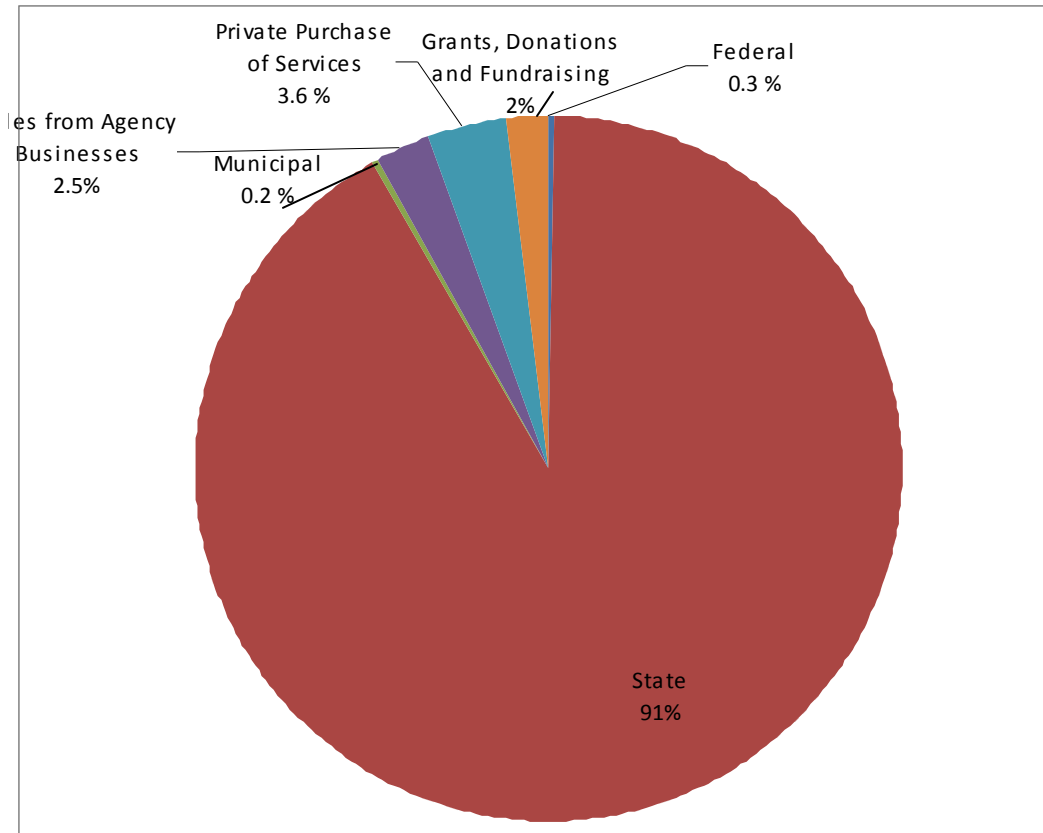
2010 Use of Funds

	Percent
Supported Employment Program Contracts	21.89%
Day Support Program Contracts	27.30%
Residential Program Contracts	46.68%
Sales from Agency Businesses	2.54%
Grants, Donations and Fundraising	1.59%
United Way Grant	0.46%
	100.00%



# Fund Source

Federal	0.31%
State	91.40%
Municipal	0.14%
Sales from Agency Businesses	2.53%
Private Purchase of Services	3.58%
Grants, Donations and Fundraising	2.03%
	100.0%



# Wish List

Only new items will be accepted

- Administration: 1 computer, 1 notebook laptop  
Window blinds conference room/main office
- DSO Lake Avenue: One heavy-duty paper shredder  
One four-drawer lockable file cabinet  
One CD player for our program
- Supported Employment: 36x24" dry erase board
- Greenhouse: Sign for Growing Center  
Plant display stands  
Storage file cabinet  
Storage bins  
Plant bench  
Storage shelves  
Repair front door  
A-frame street sign
- Work Activity Program: Adjustable height 'mat table' (automatic/electric)  
New lift  
Remodel kitchen cabinets, sink & countertop  
Bed for med room  
2 adjustable changing tables  
Acoustic dividers  
CPR training equipment  
Automatic door between two buildings  
Production Room – need floors replaced  
Food scale
- MAX
- Mercier Avenue: 2 desks  
1 computer desk  
1 dining room table and/or chairs (at least 4 chairs)
- Blakeslee Street: Fax machine/copier  
Rocking/recliner chair  
1 locking 3-drawer file cabinet
- Peck Lane Program  
Beech Street: Printer  
Laptop computer - priority

# Wish List

Only new items will be accepted

Huntington Woods:

Laptop computer  
2 four-drawer file cabinets  
Computer and printer – priority  
Desk

Boy Street:

Tall ladder  
Shed  
Flooring for kitchen  
Kitchen cabinets

Yard Service:

Sewing machine  
Lawn mowers (2)  
Weed whackers (3)  
Money for assorted small tools for sewing program  
Non-metal chairs (15)  
Folding tables (2)  
Computer

Candy:

Shelves

Food Service:

Tables and chairs  
Kitchen mats  
Dining room/hallway floor  
Dinnerware  
Silverware  
Commercial dishwasher  
Oven/grill  
Commercial sandwich station  
New stalls in men's and women's rooms  
New sinks in men's and women's rooms  
Countertop  
Waitress station  
Replace shutters  
Remove hotel heaters  
Repair/replace dining room windows  
Lower dining room ceiling or install paddle fans  
New toilet paper dispensers



Advocating personal growth and community inclusion for all we serve.

Bristol Adult Resource Center, Inc.
Serving Persons with Disabilities

621 Jerome Avenue • P.O. Box 726
Bristol, CT 06011-0726
Telephone: (860) 582-9102
Fax: (860) 582-8280

Francine M. Pangaro, Ph.D
Executive Director

2011

Dear friend:

Bristol Adult Resource Center is excited to announce our "Spring into Action" community outreach campaign.

The funds generated by this campaign will address deferred repairs and maintenance as follows:

Table with columns: Location, Repair, Cost, and Status. Rows include Jerome Avenue (Siding, Repair Roof, Replace Fence, Replace Windows, New sign), Lake Avenue (Replace Furnace, New roof, Client equipment), and Agency Overall.

Your donation really makes a difference in the lives of individuals we serve.

Here is our story:

The Bristol Adult Resource Center, Inc. is a private, non-profit, CARF accredited, United Way organization. It is made up of parents, educators, professionals in the field, and volunteers who are dedicated to providing services to and improving the quality of life for adults with disabilities in the greater Bristol area.

We hope you join us by participating in this, our first community outreach campaign. Please do not hesitate to contact me directly at (860) 582-9102 with any questions you may have. We look forward to hearing from you.

Sincerely,

Francine M Pangaro, Ph.D

Francine M. Pangaro, Ph.D.
Executive Director

Attachment

Accredited by CARF - The Rehabilitation Accreditation Commission
An Equal Opportunity / Affirmative Action Employer
United Way Agency
Not Affiliated with The ARC of the United States